

June, 2014



The Lookout

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“Happiness is a butterfly, which when pursued, is always just beyond your grasp, but which, if you will sit down quietly, may alight upon you”

~ Nathaniel Hawthorne



Hi Altrusans,

Happy Spring! I certainly hope you have had an opportunity to get outside and enjoy the beauty.

With the installation of officers at the June meeting I begin my year as your new president. Come along for the ride for a fun year!! Our next regular meeting will be on Thursday, June 12th at Sebastian’s with the social at 5:30 pm and dinner meeting at 6:00 pm. On the menu is The Sebastian Burger and Fries. Please RSVP to me at roselyn48@gmail.com or 477-4334.

Prior to the meeting at **4:30 pm** is the drawing for our raffle. Plan to join us and see if you are a lucky winner. **BE SURE ALL MONEY FOR TICKETS IS TURNED IN TO CATHY DRAEGER.**

The meeting is hosted by the Altrusa Board. The speaker is Gabrielle Petersen. She is doing a presentation on behalf of *Fond du Lac County Emergency Management*, focusing on how to Get a Kit, Make a Plan, and Be Informed.

I will have the new committee sign-up sheet with me at the meeting as some members were not at the last meeting. Also, if you have any updates for your information in the yearbook, please send them to me or bring it to the meeting.

As always, keep looking for new members to join this GREAT group who does GREAT work hope to see you on June 12th!!!

~ Rosie



District Seven Conference — Rita Kranig

The theme for this year's District Seven Conference in Oshkosh was “**There's an App for That!**”. Twenty clubs and 115 participants were welcomed by Governor Bev Harbold and Ingrid Christianson, the president of the Altrusa Club of Oshkosh.

In an effort to keep documents current and curb costs, the following Altrusa documents are now online: Policy, Bylaws, Reference Guide, Resource Guide (formerly called the Encyclopedia), and Incorporation and Marketing Tool kits. Clubs are encouraged to become incorporated and if they are incorporated to add the Inc. designation to the end of their organization's name. Time was spent talking about when and how to use Doc Morgan and the benefit of Altrusa's relationship with Doc Morgan.

Carol Latham, the International Director for our district, spoke on increasing membership and the attributes of a leader. She asked us a series of questions designed to help us identify each of our strengths and how they can be used to benefit our club. She challenged clubs to add at least one new member a year, raise fund for our projects and promote club recognition in the community. She encouraged us to have open house events and invite new members to it. Our role of our leaders is to encourage people, set goals and embrace new ideas. At a similar presentation on Saturday, we were encouraged promote our organizations and recruit new members by using Facebook, Twitter, business cards and a community project around October to increase our membership.

At Friday's luncheon, Lisa Sennholz who is the founder and director of the Damascus Road Project, spoke on human trafficking and the organization's efforts to identify and rescue people trapped and exploited in this degrading sex industry. Young girls (13–15 year olds) with low self esteem are targeted by abusers and recruited from malls and through the internet from chat rooms and Facebook. It opened our eyes to how extensive the problem is not only in our area but throughout the world. They estimate that there are from 100,000 to 300,000 American kids being commercially exploited in the USA each year. An Elvis impersonator entertained us Friday evening following a great meal at the First National Bank where “Public Enemy” was filmed.

Saturday's luncheon presentation, “It's Your Wellness” was by Molly Yatso Butz, the Community Health and Wellness Director from the Oshkosh Community YMCA. She emphasized the importance of proper nutrition, exercise and stress management in keeping our bodies healthy and strong as we get older. That evening at the Governor's Banquet, the Mamie L. Bass, Letha H. Brown and Nina Fay Calhoun awards were presented. The Altrusa group from Fargo, North Dakota, invited us to the 2015 conference in their city. We were also invited to the 2015 Convention in Kansas City from July 16 through 20.

Workshops were presented on apps for Integrative Medicine, Fitness Pal, Credit Reports, Pinterest, Feng Shui, Mobile Banking, I-Phones and Social Networking. Detectives Chee Vang and Jeremy Wilson from the Oshkosh Police Department talked about some of the pitfalls of social networking. They encouraged us to keep our cell phones locked, to use secure passwords for our online accounts, to use credit cards not debit cards, to keep our Facebook pictures private, to verify our bank statements at the end of the month, to check that payroll records are correct and not to post our location or status on Facebook. We could also help with the Oshkosh Altrusa service project of labeling books or tying fleece blankets that would be donated to the Winnebago County Literacy Council.

The Memorial Service on Saturday was quite emotional for many of us as **Marjorie Bleck** was remembered. We were able to help the Oshkosh group by providing snacks and being the hostesses for the Hospitality room on Saturday. We enjoyed meeting and visiting with other Altrusans and contributing to the “**back of the bus**” fund. Attendees included: Betty Benzie, Helen Cuttler, Sarah Possin, Cathie Aschenbrenner, Judy Dassow, Cathy Draeger, Rita Kranig and Jan Malin.



Post conference thoughts — Kathy O.

It is an excellent time now to introduce potential members to Altrusa. It's the beginning of a new year and they would get benefit from a full year's membership by joining in June. Guests do not pay for the first time dinner, so bring someone who has the potential. We spread the word about Altrusa to others also.

If you have thoughts about how we might improve Altrusa, give me a call. 920 922 9409

Way to go on membership recruitment last year!! Thank you especially to sponsors of 7 new members.

Great job!!



District Conference
2014

Networking and Bragging

- * Sarah: visiting her 1 year old granddaughter in California, on May 20.
- * Jan: Name Tag
- * Cathie A: had a wonderful five weeks in Florida with a friend.
- * Ruth: Fare Trade will be celebrating Fair Trades Week. Doris will be a model during the style show.
- * Kathy O.: will host the Relay for Life rummage sale next week.
- * Doris: met a mother who benefitted from the tabs we save for Ronald McDonald when her child was hospitalized.
- * Rose F.: Her son will be head of Pediatrics in Madison beginning July 1.
- * Shelly's Mom's scholarship at the Fond du Lac Foundation is now completely endowed after only 8 years and will now provide scholarships.
- * Cathy D: No Name Tag
- * Judy Dassow: found the Silent Auction items from Just Fare very successful.



Volunteer Hours



Volunteer Hours — Lillian

Only fourteen members remembered to submit their volunteer hours for the annual report which I submitted to International. This report is due each year in June and should cover all volunteer hours for the past year June 1, 2013, through May 31, 2014. I submitted an amazing 5,809 hours for Altrusa of Fond du Lac for the 2013-2014 year from these 14 members. Last year, 2012-2013, we submitted 7167 Hours! I know that our members are not volunteering less but they likely are recording less. Please keep an informal tally of your volunteer hours during the upcoming year. The numbers should be recorded separately as Altrusa sanctioned activities, and other community activities. Other community activities include such things as church, politics, and other non-profit organizations. Examples of Altrusa sanctioned hours include committee work, participation in Altrusa Service projects and fund raisers, officer and board responsibilities, and newsletter preparation.

International tallies points each year for each club based on a detailed annual report which is submitted by the local Altrusa president. The volunteer hours are just one part of this report which includes information about the activities of our club. When we submit this annual information it is validation of the important role our small group plays in “leading to a better community”.

Walleye Weekend



Walleye Weekend update: There were 22 slots filled with the FDL Running Club on Saturday. We had fun registering runners, data entry, course marshalling, folding shirts, filling runners packets and giving out shirts.

I received a thank you from Katie Gellings, FDL Running Club Group Run Coordinator, she was very pleased with the volunteer work of our Altrusa members. Plus, Katie is a joy to work with!!

Raffle



On Thursday, June 12 at 4:30 PM Altrusa International of Fond du Lac will draw the winner's of it's annual raffle at Sebastian's Steak House. Tickets for the raffle can be purchased at Wagner's Office Supply, Philly's on 4th, Philly's on Main, Curves & from Altrusa members. Prizes include a LED 42" HDTV LG TV, Stihl Chain Saw, Lawn Trimmer & Leaf Blower, an Owen Gromme-McArthur Collection picture, a 3 month Team Training Membership from Club Olympia, and gift certificates from Whispering Springs Golf Club, Dynamic Wellness Center, Eden Meat Market and numerous other Fond du Lac businesses. All the monies benefit this community & the club's service projects which include funding scholarships for adults returning to school & one high school graduate annually, scheduling & delivering Mobile Meals, supplying books and bookcases for each new Habitat for Humanity Home in Fond du Lac County, supporting Fond du Lac Literacy, supporting the Health Resource Center with supplies, and maintain the Altrusa Reading Room at the Solution's Center. Take a moment & stop into one of the selling locations & look at the list of other prizes available.

Members: Drawing is at 4:30 - before our meeting - hand in your stubs!!!!